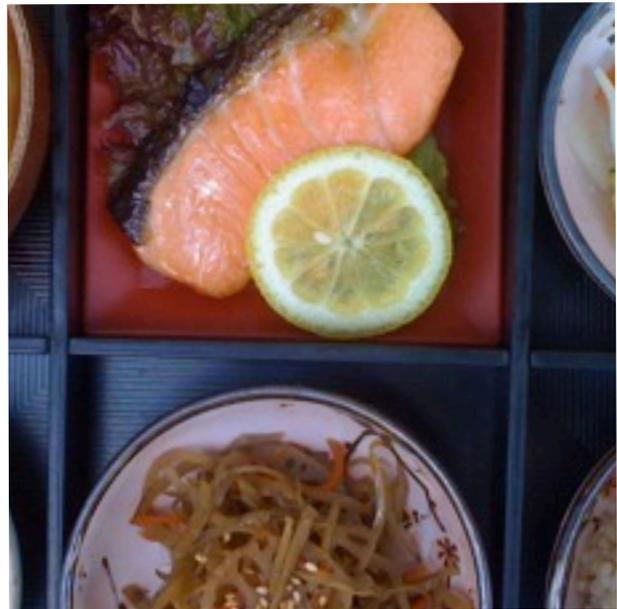




LUNCH BOX \$13~



Choice of a Tofu or a Fish Lunch Box

-Tofu \$13,

Miso Soup

Fermenting soybeans based with vegetable broth, tofu, wakame seaweed, cabbage, onion, carrot and leek.

-1pc. Organic Salmon \$17

(Scottish)

or

-1pc. Wild Black Cod \$18

(Alaskan)

- And choice of a sauce for fish-

-Plain Broiled with lemon

-Ginger Soy Sauce add \$1

-Basil Pesto Sauce add \$3

Steamed Vegetables

1pc.Kabocha-Squash,
1pc.Carrot,
1pc.Broccoli



Small green salad

W/choice of a dressing

Dressings are (extra \$1.each)

- Carrot Ginger,
- Tahini Dill,
- Miso Tahini,
- Sesame Vinaigrette



Kimpira

sauteed burdock and carrot



Org.Brown Rice

Lunch Noodle Special!

12pm-3:30pm

- **Choice of a soup** (all soups are *gluten-free*) -

*Shoyu - gluten free soy sauce based

**Miso - fermenting soybeans based

A. Curry Shoyu ramen..... 13

Shoyu based vegetable kelp broth with Home-made curry spice (Gluten-free soy milk used), broccoli, cabbage, nappa, carrot, kale, onion, leek and squash.

B. Curry Miso ramen 14

Miso based vegetable kelp broth with Home-made curry spice (Gluten-free soy milk used), broccoli, cabbage, nappa, carrot, kale onion, leek and squash.

C. Veggie Miso ramen 14

Miso based vegetable kelp broth with broccoli, cabbage, nappa, carrot, kale onion, leek, mushroom and squash.

- **Choice of a noodle** -

- **Organic Vegan Ramen** (Organic wheat)
- **Japanese Udon** (Wheat, salt)
- **Organic Soba** (30% Organic Whole Buckwheat, 70% Organic Spring Wheat)
- **Gluten-free Organic Shredded Zucchini noodle +\$1** (Organic Zucchini)
- **Gluten-free Organic Brown rice Noodle +\$1** (Brown rice, Water)

- **Choice of a side** (*Gluten-free*) -

1. G.G. (Sauteed Org.Green Kale with Garlic and used organic olive oil, salt and black pepper.)
2. Green garden salad w/ your dressing
3. Steamed small Veggie (1pc.Broccoli, 1pc.Carrot and 1pc.Kabocha squash) w/ your dressing
4. Maze rice (already marinated burdock, carrot, shiitake, kombu in Org.brown rice)
5. Steamed Org.Green kale w/ your dressing

- **Choice of a dressings** Home-made, Gluten-free. - (extra \$1 ea.)

- **Carrot ginger**(G-free & soy-free)
- **Creamy Tahini Dill**
- **Miso tahini**
- **Sesame Vinaigrette**